

# SATURDAY MARKET

**August 4 Demo Recipe:**

## **Kiki's Blueberry Salsa**

Submitted by Kim Eades of The Supper Swap Girls

### Ingredients:

3 cups fresh blueberries from Happy Berry Farms (2 cups coarsely chopped)  
2 jalapeno's from Iszy's Heirlooms, seeded and chopped  
1/4 cup fresh lemon juice  
3 tablespoons cilantro, chopped  
1/3 cup red bell pepper from Spurgeon Farms, chopped  
1/4 cup red onion, chopped  
1/2 teaspoon kosher salt  
Plain Pita Chips (such as Stacey's Naked Pita)

### Directions:

Coarsely chop 2 cups of the blueberries and then pour the remaining cup of blueberries in the bowl with the rest of the ingredients. Chill until ready to use.

Serve with Pita Chips. I like Stacy's Naked Pita Chips.

\*For more great recipes and tips visit The Supper Swap Girls' blog at [www.greenvilleonline.com](http://www.greenvilleonline.com) or [www.upstatemoms.com](http://www.upstatemoms.com)