

# SATURDAY MARKET

## **Blueberry-Vegetable Salad**

Submitted by The Happy Berry

### Ingredients:

1 head Western Iceberg lettuce, cut into 6 wedges  
½ pound fresh spinach, trimmed into leaves and washed  
2 cups fresh blueberries  
2 carrots, coarsely shredded  
¼ cup red wine vinegar  
¼ teaspoon pepper  
1 package (3 oz.) blue cheese, crumbled  
½ cup oil  
2 teaspoons salt

\*Shopping Tip: Buy all of your fresh veggies from one of the produce vendors at the Market, and grab some blueberries from The Happy Berry!

### Directions:

On a large round platter arrange wedges of lettuce in a circle. Place spinach in the center of circle. Spoon blueberries and carrots over lettuce wedges. Chill. For dressing, combine remaining ingredients in a bowl and beat until well blended. When ready to serve, spoon dressing over salad. Serve at once. *Yield: 6 servings*

For more blueberry recipes, visit [www.thehappyberry.com](http://www.thehappyberry.com)