

SATURDAY MARKET

Blueberry-Vegetable Salad

Submitted by The Happy Berry

Ingredients:

1 head Western Iceberg lettuce, cut into 6 wedges
½ pound fresh spinach, trimmed into leaves and washed
2 cups fresh blueberries
2 carrots, coarsely shredded
¼ cup red wine vinegar
¼ teaspoon pepper
1 package (3 oz.) blue cheese, crumbled
½ cup oil
2 teaspoons salt

*Shopping Tip: Buy all of your fresh veggies from one of the produce vendors at the Market, and grab some blueberries from The Happy Berry!

Directions:

On a large round platter arrange wedges of lettuce in a circle. Place spinach in the center of circle. Spoon blueberries and carrots over lettuce wedges. Chill. For dressing, combine remaining ingredients in a bowl and beat until well blended. When ready to serve, spoon dressing over salad. Serve at once. *Yield: 6 servings*

For more blueberry recipes, visit www.thehappyberry.com